**The Augustine Series**

Please join us for a series of free monthly conferences on Zoom that will inform and inspire you in 2021. To reserve your place and to receive the Zoom link please send an email to augustineseries@bellnet.ca

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| Jan 31 2pm | **Being Vulnerable in a World that Shuns Vulnerability– Cory Andrew Labrecque, PHD**The world around us often champions – and even defines personhood in terms of - function, strength, performance, and independence all the while disdaining vulnerability, weakness, disability, and dependency. Yet, all human beings are – by nature – vulnerable, are dependent on others, and are of varying abilities. Here we explore what it means to be “vulnerable” and how shared vulnerability calls for solidarity.    |
| Feb 28 2pm | **Dogmatic Truths: What Dogs Teach Us About Life - Dr. Spencer Boudreau**The human relationship with dogs is older and more unique than that of humans with any other animal. Explores the virtues dogs can teach us which have such immeasurable capacity to enrich our lives. |
| March 28 2pm | **Compassionate Living - Myriam Desharnais**Learn how a vegan and plant-based way of living can improve your health, save the animals, protect the environment and nourish your soul. By gaining knowledge on the benefits and simplicity of a whole plant-based nutrition and how to cook delicious and colourful foods, you will become empowered by creating and contributing to a better world. |
| April 25 2pm | **Get Started on Your Own Business! Exploring Entrepreneurship and Leadership Styles**Have you ever thought about starting your own business? There has never been a more exciting time to venture into entrepreneurship, with all its rewards and challenges! Join us as we examine the different types of businesses and how to determine which one is the right fit for you. You will learn about the steps involved in setting up a business and how legal structures, market research and start-up costs come into the equation. You will also gain an understanding of the different leadership styles and how each one has a role in ensuring your entrepreneurial success. |
| May 30 2pm | **Celebrating Life with Arthritis – Premela Pearson**Yes, you can find a quality of life with arthritis. Join Premela Pearson, as she shares her journey from diagnosis to creating the Arthrite Rive Sud/ Arthritis South Shore  organisation and what she has learned along the way. |
| June 27 2pm | **Outdoor Musical Concert**  |